



## IN THE FOOTSTEPS OF CADOU

## Crossac - Sainte-Reine-de-Bretagne



 19 km  4 hours 45

 November to May

 Parking du Calvaire in Crossac

### Access

via the RD 16 from Pontchâteau or Saint-Joachim

 **Pays de Pont-Château/Saint-Gildas-des-Bois Tourist Office**

17 rue des Forges - Saint-Gildas-des-Bois +33 (0)2 40 01 40 10

 **Brière Tourist Information Office**

Maison du Parc - Village of Kerhinet - Saint-Lyphard  
+33 (0)2 40 24 34 44

### RENÉ-GUY CADOU

René-Guy Cadou was born in 1920 in Sainte-Reine-de-Bretagne. Gilles Servat was also born there. At the age of seventeen, he published his first collection of poems, "Les Brancardiers de l'Aube", which brought him immediate recognition. He was a teacher in various schools across the Loire-Atlantique region, and he became the figurehead of the École de Rochefort movement, which was devoted to poets who combined poetry and nature. He died prematurely in 1951, leaving behind first-rate works of poetry.

The itinerary leads to the highlands of the marsh and you can see the shipyards of Saint-Nazaire on the horizon. The sea of reeds of the Boulaie marshes, water, light and mist all around you, everything here recalls the atmospheres that inspired poet René-Guy Cadou.

 Cross the roundabout towards Pont-Château and turn right onto Rue du Bois Hoël. Cross the footbridge and then the woods, and go alongside the pond until you reach the road. Cross the RD 4 and turn right behind the Blanchot farm to get to the Chemin du Bois de l'Angle. Take the path on the left and then the footbridge. Enter the Bas-Ros and turn right, Angle, then left. Continue alongside the marshes. At the road, turn right towards Haut-Ros. Follow the RD 4 to the right and take the first left towards Le Souchet. At La Maison-Neuve, go along the RD 204 for 100 m on the left before turning right onto the farm track.

- 1** At the end of the farm track, turn left and then right at the next intersection. On the RD 16, turn right and then left 200 m further on. At Bout-de-Ville, turn left. In Cunta, turn right and then left as you leave the village, then go straight on.
- 2** At the intersection, turn left and then right to reach the Trous-à-Tenauds leisure complex. Cross through the leisure complex, go into the undergrowth and continue straight on towards the marsh. When you get to the marsh, turn left.
- 3** Leave the path and turn right into a meadow. On the other side, follow the path. Further on, cross the footbridge and turn left, then continue along the path until you reach the lintersection to the left. Turn right and then left at the water. Go through the village, head to the right and go past the community hall and along the Rue de la Fontaine Saint-Jean. Turn left into the street that leads to the village and then left again onto another narrow street. Continue through the village until you reach the departure car park.



### TO SEE ON THE WAY...

- the feudal mound, the mound of the Angle
- the stone bridge
- vernacular heritage (see sheet 25)
- the fauna and flora of undergrowth, marshes and woods





19 km



4 hours 45

